



## **Clayton Public Schools**

### **Middle School & High School**

### **Healthcare Requirements**

To keep your children safe and healthy, and according to the State of NJ and Dept. of Health & Education, please note the following Healthcare requirements **MANDATED BY LAW**, as all students must have up-to-date YEARLY health information on file at school. **PLEASE** fill out the required forms, and return all paperwork to the School Nurse. Forms are located on the school website for your convenience. Thank you!

#### **Allergy Action Plan/Medication Consent Form:**

If student has Allergies that might require allergy medication such as Benadryl or EpiPen during school hours/activities, have Healthcare Provider (HCP) fill out this form so the school can assist your child should he/she have a life-threatening allergic reaction. Last years' form is expired, and this form must be **renewed yearly!**

#### **Asthma Action Plan/Medication Consent Form:**

If student has Asthma and might require medication such as Albuterol during school hours/activities have HCP fill out this form, checking *self-carry box at bottom*, if appropriate, so the school can assist your child should he/she have an asthmatic episode. Last years' form is expired, and this form must be **renewed yearly!**

#### **Diabetic Action Plan/Medication Consent Form:**

If student has Diabetes have HCP write a Diabetic Action Plan so the school can assist your child during school hours/activities, and please send in *ALL* diabetic supplies for your child. Your HCP can use their form, or the school form. Last years' form has expired, and this form must be **renewed yearly!**

**Health History/Over-the-Counter Medication Consent Form:** This form includes emergency contact information, parental/guardian permission to administer Advil or Tylenol, Tums, Benadryl (emergency purposes only!) medical updates, insurance information, and helps the School Nurse to understand your child & how best to meet their needs, while keeping them in school. Last years' form is expired, and this form must be **renewed yearly!**

#### **Immunization Record:**

Immunizations must be up-to-date based on age. 6<sup>th</sup> graders *who are turning 11 years old* require the *Tdap & Menactra* shots, and the *Flu shot* is highly recommended. See specific Immunization requirements on the school website. If you need further assistance regarding vaccinations, call the School Nurse.



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**Injuries:**

If student is seen at the urgent care, ER or HCP facility for an injury, please request documentation indicating dates student is to be out of gym & sports school/activities. Sometimes the HCP will write “follow-up with Primary HCP or Orthopedic HCP for clearance.” If so, please provide the School Nurse will clearance documentation so that she can write a pass for your child to return to gym/sports.

**Medication Consent Form:** This form can be utilized for ALL medications, EXCLUDING allergies, asthma, diabetes and seizures. For example: If student requires ADHD, antidepressant, daily allergy medication, etc., this is the form to use. Last years’ form is expired, and this form must be **renewed yearly!**

**Medication PICK-UP END-OF-YEAR:**

At the end of the school year, all medication must be picked up and signed out by a Parent/Guardian during the last three days of school. No medication will be given to students to take home, the school will not store medicines over the summer months, and all medication will be disposed of unless specific plans are made ahead of time between the School Nurse and Parent/Guardian.

**Seizure Action Plan/Medication Consent Form:**

If student has Seizures and requires medication during school hours/activities have HCP fill out this form so the school can assist your child should he/she have a seizure. Last years’ form is expired, and this form must be **renewed yearly!**

**Sports/Athletic Physical Examination STATE Form:**

Any student playing sports must submit the **STATE** sports physical examination form. No other form will be accepted for students’ playing sports! For MS & HS Grades *7 or 8 and 10 require physical examinations*. If your child is *not* playing sports you can use your HCP Physical Examination Form, OR STATE Sports/Athletic Physical Examination Form; both are acceptable. Last years’ Sports/Athletic Physical Examination Form is expired, and this form must be **renewed yearly!**

**When to Keep Your Children Home from School:**

Clayton Middle & High School work with the GCDOH to protect children from infectious diseases. Keeping children home when they are too sick for school protects other students and staff from potential illness. If a student becomes ill at school, it will be necessary to pick he/she up as soon as possible. If your child is sent home from school for an illness, please follow the guidelines below for returning to school. If student has the following symptoms, please keep he/she home from school.

- Fever – Temperature 100.2 degrees Fahrenheit or higher. Before returning to school, the student must be fever-free for 48 hours, without fever-reducing medications.



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- Vomiting – Before returning to school, the student must be vomit-free for 24 hours after the last episode of vomiting, without anti-vomiting medication.
- Diarrhea – Before returning to school, the student must be diarrhea-free for 24 hours after the last episode of diarrhea, without anti-diarrheal medication.
- Conjunctivitis (pink eye) - If a student has thick mucus or pus draining from one or both eyes, a HCP must treat your child then he/she may return to school 24 hours after treatment has begun, providing the School Nurse with documentation of clearance to return to school.
- Live Lice & Nits – If your child has Live Lice & Nits, he/she must be treated & may return to school, after initial treatment, and being free of Live Lice and Nits. The School Nurse will check student the next morning when student returns to school to determine if the student is free of Live Lice & Nits.

I look forward to meeting your children and having a prosperous and hopeful healthy school year. If you have any questions or concerns, do not hesitate to contact me.

#### **Working Papers:**

If your child needs working papers filled out, I will gladly do that for them if they have a Physical Examination on file that's within the last four (4) years.

Healthy Regards,

*Sherry L. Richards, BSN, RN, CSN -NJ*

Sherry L. Richards

Middle School & High School Nurse

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