



Clayton Public Schools

High School & Middle School Healthcare Requirements

To keep your children safe and healthy, according to the State of NJ and Dept. of Health & Education, please note the following Healthcare Requirements. All forms can be printed from the school's website. The Dr. must fill out the FORMS below, sign & stamp ***unless otherwise indicated!

Allergy Action Plan/Medication Consent FORM:

Suppose your child has Allergies requiring allergy medication such as Benadryl or EpiPen during school hours/physical activities/sports, have the Dr. fill out this form so the School Nurse or staff can assist your child with the life-threatening allergic reaction. Don't forget to remind your child to carry their EpiPen if they're a self-carry. No student will be allowed to carry Benadryl regardless of self-carry status. The Parent/Guardian must bring the Benadryl to the School Nurse to keep locked up in the health office. This form must be *renewed yearly & stamped by the Dr.*

Asthma Action Plan/Medication Consent FORM:

If your child has Asthma and might require an inhaler during school hours/physical activities/sports, have the Dr. fill out this form. Don't forget to remind your child to carry their inhaler if they're a self-carry. This form must be *renewed yearly & stamped by the Dr.*

Diabetic Action Plan/Medication Consent FORM:

If your child has Diabetes, have the Dr. fill out this form, so the School Nurse or staff can adequately assist your child if they become Hypoglycemic or Hyperglycemic. The Parent/Guardian is responsible for delivering all diabetic supplies, including glucometer, batteries, test strips, lancets, ketone strips, insulin, glucagon, and emergency medication to the School Nurse. This form must be *renewed yearly & stamped by the Dr.*

*****Over-the-Counter Medication Consent FORM/Emergency Contacts/Medical Information:**

This form permits the School Nurse to administer Advil, Tylenol, Tums, Cough Drops, and Benadryl (Benadryl is for emergency purposes *only, not for routine/daily allergy administration*). No calls will be made home to obtain parental permission to administer medication. *This form must be renewed every school year in September!* *****Parent/Guardian Signature only!**

Prescription Medication Consent FORM:

If your children require ADHD, ANTIDEPRESSANTS, MIDOL, CYSTIC FIBROSIS, or DAILY ALLERGY Medications, etc., this is the form to use, and this form must be *renewed yearly & stamped by the Dr.*

Seizure Action Plan/Medication Consent FORM:

If your child has Seizures and might require emergency medication during school hours/physical activities/sports, have the Dr. fill out this form so the School Nurse or staff can assist your child should they have a seizure. This form must be *renewed yearly & stamped by the Dr.*



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Sports Physical Examination STATE FORM:

Any student playing sports must submit the **STATE** Sports Physical Examination form. No other form will be accepted for students playing sports! This form must be *renewed yearly & stamped by the Dr.*

Immunization Records (Time Restraints---Please read carefully):

Immunizations must be up-to-date based on age. Students eleven (**11 years old, entering sixth (6th) grade**), *must have the **Tdap & Menactra shots***, and the Flu & Covid-19 shots are highly recommended. If your child turns eleven (11) after school starts, the state allows **two weeks** to complete the vaccinations and submit the record to the School Nurse. Please read the complete list of "Immunization Requirements" on the school's website so that you can cross-reference it with your child's shot record. If it is against your Religion for your child to receive vaccinations, then you may request a Religious Exemption from the School Nurse.

Individualized Emergency Healthcare Plan (IEHP):

Please let the School Nurse know if your child has a medical condition requiring an IEHP that the teachers should be aware of to help your child perform academically to the best of their ability.

Injuries/Concussions:

Suppose a Dr. sees your child at the Urgent Care, ER, or doctor's office for an injury or concussion; please request documentation indicating the date your child is to be out of gym/sports/physical activities and the return date, if possible. This note needs to be given directly to the School Nurse so she can write a pass for your child to attend the library during the healing process. The Parent/Guardian must also provide the School Nurse with a clearance note so she can write a pass for your child to return to gym/sports/physical activities. **PLEASE NOTE:** If your child sustains a **CONCUSSION** on school grounds, once we receive the clearance note from the Dr. stating that your child may return to gym/sports/physical activities, your child *must first complete* a Return to Play Protocol (**RTPP**) with the school's athletic trainer. The RTPP is a **STATE LAW** that takes approximately five days/30 minutes daily.

Live Lice & Nits:

If your child has Live Lice, they must be treated. Inform your School Nurse, and she will check your child to determine if they are free of live lice. Nits must be extracted from the hair strands individually.

Medication Pick-up End-of-Year:

At the end of the school year, Parent/Guardian has the last three days of school to pick up medication. No medication will be handed out to students to carry home, and nor will medication be stored over the summer months unless specific plans are made ahead of time between the School Nurse and Parent/Guardian.



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When to Keep Your Children Home from School:

Clayton High School & Middle School works with the Gloucester County Department of Health (GCDOH) to protect children from infectious diseases. If your child becomes ill at school, picking them up as soon as possible will be necessary. If your child is sent home from school for an illness, please follow the guidelines below for returning to school, and consult with your School Nurse for any medical concerns.

- Fever- Temperature 100.2 degrees Fahrenheit or higher. Your child must be fever-free for 24 hours without fever-reducing medications before returning to school.
- Vomiting- Your child must be vomit-free for 24 hrs. without anti-vomiting medications before returning to school.
- Diarrhea- Your child must be diarrhea-free for 24 hrs. without anti-diarrhea medications before returning to school.
- Conjunctivitis (pink eye)- Your child may return to school 24 hrs. after treatment begins, providing the School Nurse with a clearance note from the Dr. indicating your child may return to school.
- Covid- Please consult with your School Nurse if your child has Covid, and keep your child home from the first day of symptoms through day five (5). Your child may return to school on day six (6) if they are symptom-free for 24 hrs. without medications, wearing a mask from day six (6) through day ten (10). If you have a Dr. note, please provide a copy to the School Nurse. **Guidelines are subject to change upon notice.*

Working Papers:

If your child needs working papers filled out, the School Nurse will gladly fill them out if your child has a Physical Examination on file within the last four (4) years of High School.

I look forward to meeting you, caring for your children, and having a successful school year!

Healthy Regards,

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