

We're Here For You

Sometimes life can be overwhelming. Problems can arise related to your job, finances, or relationships and you may not be sure where to go for advice.

Apple Counseling Services-Employee Assistance Program can help.

We recognize the connection between physical and emotional well-being and an individual's happiness and productivity, both on the job as well as in the home.

EAP serves as a valuable resource, helping to reduce the impact of personal and job-related problems affecting employee productivity.

(856) 881-1666

**AFTER HOURS CALL TOLL FREE
866-614-7989**



APPLE COUNSELING SERVICES

Employee Assistance Program

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**After Hours Call Toll Free
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**Proudly Providing
Mental Health Services
in Gloucester County**

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Employee Assistance Program

What is an Employee Assistance Program (EAP)?

An Employee Assistance Program (EAP) is a benefit provided by employers to assist their employees in managing personal problems that may coincidentally impact their work performance. This supplemental benefit allows full-time employees or their family members to obtain assistance in managing personal issues while maintaining their privacy. Services are provided to help individuals manage a variety of personal or work-related issues including major life events such as birth, accident or death; concerns about aging family members; health related concerns; substance abuse; emotional distress; and relationship problems.

Who Benefits?

Employee Assistance Programs benefit employers as well as employees and their families. Research has demonstrated a positive correlation between the utilization of an EAP and both increased productivity and reduced absenteeism.

Our Commitment

Apple Counseling Services is committed to providing the highest quality of services to Gloucester County and the greater Southern New Jersey community. As a boutique therapy center we are able to provide area businesses affordable access to professional counselors. Our staff is trained in a variety of modalities, including Cognitive Behavior Therapy, Motivational Interviewing, and Behavioral Analysis. These mental health professionals specialize in assisting families, couples and individuals of all ages.

Our Approach

Apple Counseling Services takes a personal approach to developing a program that economically and effectively serves each company with which we work. Unlike many larger EAP programs, individuals who utilize our services will meet in person with a mental health professional. An assessment of current situation will occur and a comprehensive plan developed to address your current difficulties. This plan may include continued therapy or a referral to additional resources.

ACS is committed to matching your needs to qualified clinicians and reliable resources.

Confidentiality

Both state and federal regulations, including HIPAA regulations and Apple Counseling Services own ethics guidelines require that individual confidentiality be strictly guarded. An individual's participation in the EAP remains entirely confidential and is not made part of any personnel records. Personal information is never provided to the employer or to anyone else unless the individual requests in writing that the EAP provide information to a specific third party. An individual's participation in the EAP remains entirely confidential and is not made part of any personnel records.