



Clayton Public Schools

HS & MS Healthcare Requirements

To keep your children safe and healthy, according to the State of NJ and Dept. of Health & Education, please note the following Healthcare Requirements. *****These forms must be renewed yearly;** filled out, signed & stamped by Healthcare Provider and Parent/Guardian unless otherwise indicated! All medical forms go out to families in the summer, and can also be found on the **School's Website!**

ACTION PLANS/MEDICATION CONSENTS, if applicable!

Allergy Action Plan/Medication Consent Form: If your child has Allergies to foods, bug bites/bee stings, or other environmental allergies that *might* cause a rash or anaphylactic reaction during school hours/activities, have your child's Healthcare Provider fill out this form so the school can assist your child in the event of a life-threatening allergic reaction. No student will be allowed to carry Over-the-Counter Medications such as Tylenol, Advil, Midol, Benadryl, etc., or Prescription Medications. See those categories below for further information. Students may carry Asthma Inhalers, Epipens, or Diabetic Supplies if the correct form is filled out & checked self-carry. *This form must be signed & stamped by Healthcare Provider, and signed by Parent/Guardian.*

Asthma Action Plan/Medication Consent Form: If your child has Asthma or Asthma in the past and *might* require an Inhaler during school hours/activities, have your child's Healthcare Provider fill out this form. *This form must be signed & stamped by Healthcare Provider, and signed by Parent/Guardian.*

Diabetic Action Plan/Medication Consent Form: If your child has Diabetes, your child's Healthcare Provider must fill out this form, so the school can adequately assist your child if they become Hypoglycemic or Hyperglycemic. The Parent/Guardian is responsible for providing all diabetic supplies, including glucometer, batteries, test strips, lancets, ketone strips, insulin, glucagon, snacks, or other emergency medication to the School Nurse at the beginning of the school year. *This form must be signed & stamped by Healthcare Provider, and signed by Parent/Guardian.*

Medication/Prescription Consent Form (OTHER than Allergy, Asthma, Diabetes & Seizures): This form permits the School Nurse to administer daily medication to your child if they have ADHD, Anxiety, Antidepressants, Midol, Cystic Fibrosis, or any other form of Daily Medication. This form also includes *as needed* medication such as ADHD or Anxiety medication if your child forgets to take them at home. *This form must be signed & stamped by Healthcare Provider, and signed by Parent/Guardian.*

Seizure Action Plan/Medication Consent Form: If your child has Seizures or *might* have a seizure and requires medication during school hours/activities, have your child's Healthcare Provider fill out this form so the school can assist your child in an emergency. *This form must be signed & stamped by Healthcare Provider, and signed by Parent/Guardian.*

Over-the-Counter/Medication Consent-Medical Update Form: (Parent/Guardian Permission only): This form permits the School Nurse to administer Advil, Tylenol, Tums, Cough Drops, and Benadryl. Benadryl is for emergencies, not routine/daily allergy administration. For everyday medication, see the Prescription Medication Consent Form below. No calls will be made home to obtain parental permission to administer medication. **This form must be renewed **every school year in September by Parent/Guardian, only; does not require dr. signature!***

Physical Examinations (Non-Athletes): All Middle School Students in grades 7 or 8 and High School Students in grade 10 must have an updated physical on file with the School Nurse. We accept your Healthcare Providers' physical examination form, or you may use the school's Sports Physical Examination Form, which you can get from the school's website or HS & MS offices. Please forward a copy of your child's updated Physical Examination to the School Nurse, and keep the School Nurse informed of any changes in your child's health condition throughout the school year.



Clayton Public Schools

HS & MS Healthcare Requirements

Sports/Athletic Physical Examination STATE Form: Any student playing sports must submit a completed STATE sports physical examination form to the School Nurse. No other document is acceptable for students playing sports. The first page of this form is the student's Health History information that the Parent/Guardian must complete before seeing the Healthcare Provider. Once you complete your portion of the paperwork, the Healthcare Provider will fill out the remainder of the forms.

Immunization Records (TIME RESTRAINTS...Please read carefully): Immunizations must be up-to-date based on age. Students eleven (11) years old, entering sixth (6th) grade, must have the **Tdap & Menactra shots**. The Flu & Covid-19 shots are recommended. If your child turns eleven (11) after school starts, the state allows **2 (two) weeks** to complete the vaccinations and submit the record to the School Nurse. If you already have a scheduled appointment, please get in touch with the School Nurse to confirm your appointment. Once the shots have been completed, promptly provide the School Nurse with a copy of this record. You may cross-reference your child's vaccination record with the requirements listed on the school's or NJ Immunization website to ensure your child is up to date. <https://njiis.nj.gov>

Injuries/Concussions: If your child is seen at the Urgent Care, ER, or Healthcare Provider's office for an injury or concussion, please ask the Healthcare Provider for documentation indicating the date your child is to be out of gym/sports/school activities. This note must be given directly to the School Nurse, so she can write a pass for your child to be exempt from participating in gym/sports/physical activities, which will allow your child to attend the library while your child is healing from their injury. Your child must follow up with the Healthcare Provider to obtain a clearance note that must be given directly to the School Nurse, so she can write a pass for your child to return to gym/sports/physical activities. PLEASE NOTE: If your child sustains a **concussion on school grounds**, once we receive the clearance note from your child's Healthcare Provider stating that your child may return to gym/sports/activities, your child **must 1st complete** a Return to Play Protocol (**RTPP**) **with the school's Athletic Trainer before returning to gym/sports/activities** as this is the STATE LAW! The RTPP is provided after school, in the gym, and it might take approximately five days/30 minutes daily to complete.

Phone Numbers: Please keep the office updated when you change your phone numbers, email addresses, home mailing addresses, and emergency contacts so I can reach someone in an emergency. I do not have the authority to change numbers in Power School.

If you have any questions or concerns, please don't hesitate to contact me. I look forward to meeting you, caring for your children, and having a successful school year. Enjoy the remainder of your summer, and we'll see you soon!

Healthy Regards,

School Nurse for HS & MS