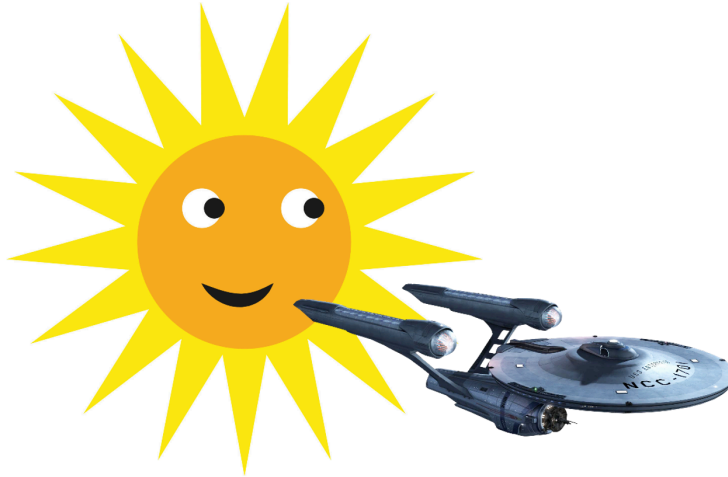


Clayton Public School District

HIGH SCHOOL SUMMER TREK

July 8-August 1, 2024



Open to all students who are currently in grades 8-11.

Daily attendance is not required.

Maximum per session: 25 (unless otherwise noted)

Maximum per field trip: 40

Contact:

Ms. Clark tclark@claytonps.org

Registration required for all sessions.

Registration Opens: Friday, June 14

Registration Closes: Friday, June 21

Check school email for confirmation of registration Monday, June 24.

Report absences or changes to Mrs. Zambon dzambon@claytonps.org

REGISTRATION LINK:

<https://forms.gle/DfbRXt3mnTpKJ4i97>

SOCIAL, EMOTIONAL & MENTAL HEALTH

TEEN WORKSHOPS

Choose Your Attitude

Showing up as your best self.

Tuesday, July 9 10AM-12PM

Is It Me?

Healthy relationships and building a supportive tribe.

Thursday, July 11 10AM-12PM

What's My Superpower?

Identifying your strengths and skills as you become your authentic self.

Monday, July 15 10AM-12PM

Balancing Acts

Creating balance through time management and goal setting.

Tuesday, July 16 10AM-12PM

I Feel You

Empathy and emotional intelligence.

Thursday, July 18 10AM-12PM

Can You Hear Me?

Effective communication.

Tuesday, July 23 10AM-12PM

I Am An Imposter!

A look at our inner critic and self-talk

Thursday, July 25 10AM-12PM

The Journey to Effective and Healthy Communication

Learning to communicate with parents, coaches, teachers, administrators, friends, and family members. Learn ways to identify proper tone, appropriate language, knowing when to practice healthy coping skills, and being more present in each situation.

Monday, July 22 10AM-12PM

Building A Growth Mindset

Students will be able to identify portions of the brain and what they do. They will have an understanding of body reactions, responses, and how to assist themselves during a moment of stress.

Monday, July 29 10AM-12PM

COLLEGE, CAREER & EDUCATION

Strategic Ways to Get An "A"

Students will have a better understanding of the weighting scale of each assignment given, and how it plays a significant part in grading. Students will be able to identify proper studying skills and use them effectively.

Tuesday, July 30 10AM-12PM

Interview to Impress

Need that perfect job? Want to learn how to impress your interviewer? Come join us to improve your skills and learn practice questions.

Thursdays 1PM-3PM

College Readiness Summer Program

Welcome to the College Readiness Summer Program, an intensive initiative designed to equip high school students with the essential skills and knowledge required for a smooth transition to college life. This program targets college bound high school students, providing them with a comprehensive understanding of the academic, social, and logistical aspects of college.

What We Offer:

- **College Application Process:** an overview of the college application process through essay writing, SAT/ACT prep, and application strategies. Provide guidance on selecting the right colleges.
- **Career Exploration:** Introduce students to various career paths and help them understand the relationship between academic choices and career goals.
- **Social Integration:** Foster social skills and community building through group projects, team-building activities, and social events. Encourage the development of lasting friendships and a sense of belonging.
- **College Visits:** Guided tours of local colleges and universities to give students a firsthand look at campus life.

College program dates will be as scheduled:

-Mon 7/8-Tue 7/9- Overview and college/career exploration at CHS

-Mon 7/15 at CHS and trip to Rowan Tue 7/16

-Mon or Tue 7/22-7/23 College application process at CHS and then trip to Stockton on 7/25

*CHS Sessions 10AM-12PM

LIFE SKILLS

Cooking Essentials

- Kitchen safety and sanitation
 - Components of a recipe
 - Food prep terminology used in recipes
 - Basic cutting skills
 - Baking basics
 - Measurement review
 - Kitchen scavenger hunt
 - Meats and poultry selection and safe storage
 - Learn about breads-make a quick bread
 - Pastas-learn about the types and how to cook "al-dente"
 - Create a quick homemade sauce with pasta
 - Parts of an egg and egg cookery
 - Create an omelet
 - Create a cake with icing- from "scratch"
 - Cook Impossible cheeseburger pie
 - Dairy review
 - Make homemade macaroni and cheese
 - Cutting veggies and making veggie dip
- Mondays, Tuesdays, Thursdays 10AM-12PM**

Mature Readiness Life Skills

Are you ready to live on your own? Are you ready for college? Come join us to learn life skills, cleaning hacks, and how to budget the best you can with limited money.

Tuesdays 1PM-3PM

Girls Just Want To Have Fun. . . But With Etiquette!

During the etiquette classes, students will participate in interactive, engaging lessons and activities, including making a good first impression, how to have a conversation without words such as "um", "like" and "you know", showing appreciation, mobile device dos and don'ts, dining skills and more. Participants will engage in exciting activities designed to build confidence, positive relationships, etiquette, self awareness, and self care. Program includes special field trips to practice proper etiquette and social skills.

Wednesdays 9AM-12PM & Thursdays 9AM-3PM
7/10, 7/11, 7/17, 7/18, 7/24, 7/25, 7/30, 7/31

Gardening With The Zambons

Are you a thriller, filler or spiller? Get in touch with your inner green thumb as you explore the fascinating world of Botany. Learn how to grow healthy plants and veggies and build beautiful floral arrangements.

Tuesdays 10AM-12PM 7/9, 7/16, 7/23

Grilling With The Zambons

Welcome to FlavorTown! Grab your favorite apron and chef's hat because it's time to get your grill on! Learn how to make your favorite backyard bbq dishes like burgers, chargrilled corn on the cob, and much much more. Best part... you'll get to eat what you make!

Thursdays 9AM-12PM 7/11, 7/18, 7/25

The Game of LIFE: Ballin' On A Budget

Navigate the financial twists and turns of adulthood with confidence in "Ballin' on a Budget: The Game of LIFE." This interactive course teaches practical money management skills, budgeting strategies, and smart financial planning through engaging activities and real-life scenarios. Learn how to make savvy financial decisions, maximize your resources, and achieve your goals without breaking the bank. Perfect for anyone looking to master the art of living well on a budget, this class turns financial literacy into an exciting and accessible game.

Thursdays 10am-12pm

YouTube University: Mastering DIY With Online Resources

Unlock the full potential of *YouTube* as a powerful learning tool in this engaging and practical course. "*YouTube* University" is designed to teach you how to effectively utilize YouTube to gain skills and knowledge for Do-It-Yourself projects and activities. From home repairs and cooking tutorials, to learning new hobbies, help with academic subjects. You will discover how to find, assess, and apply high-quality *YouTube* content to achieve your goals.

Tuesdays 1PM-3PM

ARTS AND CRAFTS

Crochet Basics

- Introduction to crochet tools
- Types of yarn fibers and yarn weights
- Pencil hold vs. knife hold
- Creating a slip knot and making chains, tension, and counting chains
- Single crochet (how to turn your work and finish off)
- Half double crochet and slip stitch
- Double Crochet
- Magic ring
- Crocheting in the round
- How to read a crochet pattern
- Create, join granny squares (change colors)
- Create a project of your choice
- Where to find patterns

Mondays, Tuesdays, Thursdays 1PM-3PM

Resin Art

Want to make one-of-a-kind pieces of art such as paperweights, pens, bookmarks, fidget spinners, trinket boxes, necklaces, and more? Then resin crafting might just be for you! Resin art is a form of arts and crafts that uses resin as one of its main supplies. When it comes to crafting, resin usually refers to synthetic resin, which is a chemical compound made of two parts: part A, the resin, and part B, a hardener. When both liquids are mixed together, they solidify and harden into a durable, high gloss plastic over a 24 to 48 hour period. Intrigued? Then what are you waiting for? Let's resin!

Two Day Program

Mondays and Wednesdays 1PM-3PM

7/8 & 7/10 or 7/15 & 7/17 or

7/22 & 7/23 or 7/29 & 7/30

It's Cricut® Time!

The sky's the limit with Cricut®! Whether you are a seasoned crafter or a beginner, the Cricut has something for everyone! Vinyl decals, leather key chains and wooden bookmarks will be explored.

Mondays 9AM-10:30AM or 10:30AM-12PM

7/8, 7/15, 7/22

GAMING

Strategy Game Club

Course objective: students will use critical thinking and strategic skills to navigate situations in a board/card game or video game. Students will also work on collaboration and social skills while disconnecting from their phones and playing a game in a physical setting while respecting physical game pieces/ electronic equipment. Games available include Magic The Gathering, Settlers of Catan, Wingspan, Exploding Kittens, One Night Werewolf, Risk, Madden, Super Smash Brothers and more!

Mondays-Thursdays 1PM-3PM

Zambons' eSports Arena

Welcome to the Zambons' eSports Arena: Where Pixels Meet Passion, and Noobs Become Legends! Join us for epic battles, laugh-out-loud moments, and a chance to prove that your gaming skills are more than just button mashing. Video Games being played will be on the Nintendo Switch: SSBU, Rocket League & Overwatch 2. Feel free to bring your own setup as well; any consoles or laptops! Ready, set, pwn! And maybe we'll play some RL games like MTG, D&D, Hero Quest and more!

Mondays 9AM-12PM 7/8, 7/15, 7/22

HEALTH AND BEAUTY

Diva Lashes

Practice DIY individually applied lash clusters for a long-lasting, natural look. Create a natural lash look, making lashes appear longer, thicker, and darker. Also, learn to apply eye jewels with dotting pens for a more dramatic, nighttime look.

Wednesdays 10AM-11:30AM 7/10, 7/17, 7/24

Beauty 4U By Kimberly

Learn appropriate care for hair and skin. Learn techniques for applying makeup, and selecting makeup products. Presented by a licensed, award-winning esthetician and beauty specialist.

Monday, July 15 11AM-1PM

Monday, July 22 11AM-1PM

Monday, July 29 11AM-1PM

THE READING LOUNGE



Enjoy a comfortable, quiet, peaceful atmosphere for reading your favorite books during the summer. Opportunities to share excerpts and book reviews. Light snacks will be available. Books can be provided upon request.

Open Mondays-Thursdays 10:00am-2:00pm

**Make reading a part of your summer.
Spend time in the Reading Lounge!**

FIELD TRIPS



***Please note the following:**

- Permission slip required. No exceptions.
- Maximum number of students per trip: 40
- Free to all students.
- Light lunch provided to all students free of charge.
- Parent responsible for student transportation to and from Clayton High School.
- Students are expected to adhere to Clayton Public School District's Code of Conduct, policies and procedures established by venue, and the expectations and directives of chaperones.

DATE	DESTINATION	TIME
<p>Wednesday, July 10</p>	<p>Big Swing Golf Center and Washington Lake Park Sewell, NJ</p> <p>Description: Miniature golfing, lunch and relaxation at Washington Lake Park</p> <p>https://visitsouthjersey.com/directory/washington-lake-park-2/</p>	<p>9:30AM-2:30PM</p>
<p>Wednesday, July 17</p>	<p>A Garden Party Elmer, NJ</p> <p>Description: Learning and practicing gardening techniques, floral arrangement, learning appropriate business communication skills, lunch and relaxation on the beautiful grounds</p> <p>https://www.agardenpartyllc.com/</p>	<p>9:30AM-2:00PM</p>
<p>Wednesday, July 24</p>	<p>Grounds For Sculpture Hamilton, NJ</p> <p>Description: The park features 270 outdoor contemporary sculptures and several indoor museum galleries.</p> <p>https://visitnj.org/nj-family-fun/grounds-sculpture</p>	<p>9:00AM-3:00PM</p>
<p>Wednesday, July 31</p>	<p>Cape May Park & Zoo; Wildwood Boardwalk Cape May, NJ & Wildwood, NJ</p> <p>Description: Tour of zoo and boardwalk attractions</p> <p>https://capemaycountynj.gov/1008/Park-Zoo</p>	<p>9:00AM-6:00PM</p>



WIN \$100

Students who attend 5 or more sessions will be entered into a drawing for a \$100 Visa Gift Cards.

5 gift cards will be awarded
Limit of one prize per winner.

★ Sponsored by the Clayton Education Foundation