

JUULING

Information for students



JUULING

- Devices have only been on the market for a few years
- “Relatively” new
- Preliminary studies
- Every person who uses a Juul-like device is a LAB EXPERIMENT



JUULING AND E-FLUIDS

- Toxic to a teenager's developing brain & body
 - It **does not** matter if the fluid is nicotine, herbal or only flavored
- All e-fluid is Glycerin or Propylene Glycol based
 - When heated, those 2 chemicals break down into:
 - Formaldehyde (used to preserve dead tissue) or Acetaldehyde (toxin in alcohol)
 - These chemicals are known to cause cancer and liver damage

JUULING/E-FLUIDS

- Small particles in the e-fluid, vapor, and coil can get deep into the lung tissue and cause:
 - Chronic Bronchitis, Cough or Permanent Lung Damage
- These small particles can be heavy metals (i.e. nickel) and can cause heavy metal poisoning with long term use
- Super heating the liquid by “dripping” or using an atomizer turns the e-liquid into a toxic substance

AFFECTS JUULING HAS ON YOUR BODY

- Dehydration
 - Dry skin, rashes, dry mouth, dry eyes, throat irritation, cough, headache and nose bleeds
- Allergic Reactions
 - Flavorings and ingredients are not always listed on the fluid packaging or the manufacturer's website.
 - Allergic reactions include: congestion, difficulty breathing, clearing throat often and anaphylaxis.
 - Allergies to the flavorings and chemicals in e-fluid can develop with prolonged use

AFFECTS JUULING HAS ON YOUR BODY

- Nicotine
 - Dizziness, lightheaded, headache, nausea, cold sweats, insomnia, racing heart, anxiety and ringing in ears
- Bodily Harm
 - Lithium ion batteries do explode and cause burns

VIDEO

- Click on photo to play video.



PRELIMINARY STUDIES

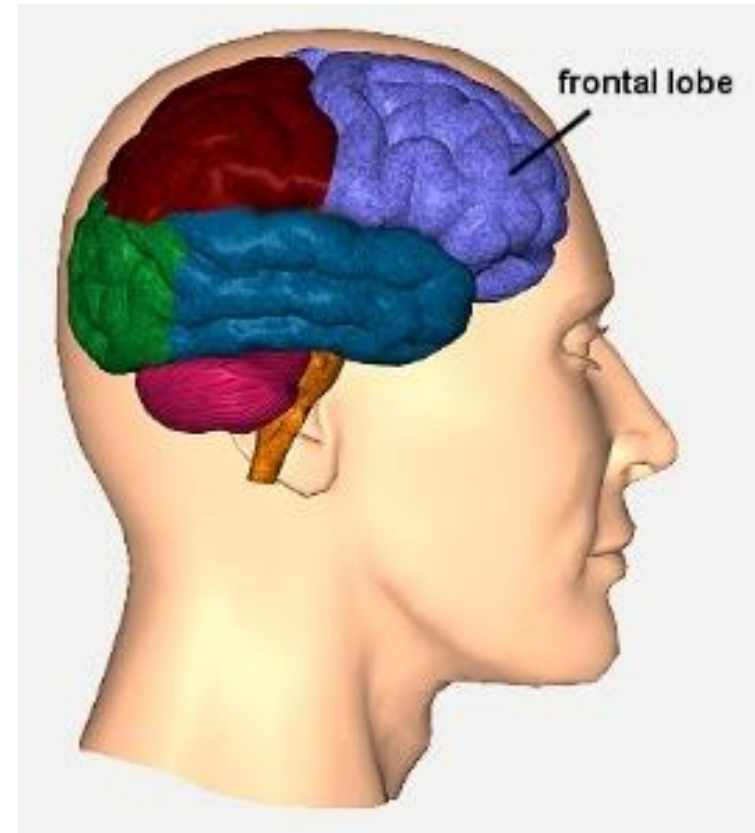
- There is NO proof that Juuling is safer than cigarettes
- It will decrease your immunity
 - You will get sick more often, feel sicker, and the sickness will last longer than people who don't vape
- Causes bloody sores that do not heal in the mouth and on your gums
 - This will lead to gum disease and tooth loss as an adult


PRELIMINARY STUDIES CONTINUED....

- Juuling DOES affect the developing brain in teenagers
 - The human brain is not fully developed until around the age of 25.
 - The Pre-Frontal Cortex is the part of the brain that is not developed, and it is damaged by vaping.

PRE-FRONTAL CORTEX

- decision making
- personality
- identifying right from wrong
- critical thinking skills





SIMPLY PUT....

Juuling is harmful & will cause lasting damage to you and everyone you expose around you.

SCHOOL CONSEQUENCES FOR JUULING:

1. Phone call to parents or guardians
2. Mandatory 1 page Juuling assignment
3. Mandatory drug screen and drug assessment
4. Mandatory referral to SAC
5. 1st offense Possession or Use: 2 day suspension
6. 2nd offense: 4 day out-of-school suspension, 1 day SGI
7. 3rd offense: 4 day out-of-school suspension, 6 days SGI