Asthma Treatment Plan
Patient/Parent Instructions

The FACNJ Asthma Treatment Plan is designed to help everyone understand the steps necessary for the individual patient to achieve the goal of controlled asthma.

1. Patients/Parents/Guardians: Before taking this form to your Health Care Provider:
   Complete the top left section with:
   - Patient's name
   - Patient's date of birth
   - Patient's doctor's name & phone number
   - Parent/Guardian's name & phone number
   - An Emergency Contact person's name & phone number

2. Your Health Care Provider will:
   Complete the following areas:
   - The effective date of this plan
   - The medicine information for the Healthy, Caution and Emergency sections
   - Your Health Care Provider will check the box next to the medication and check how much and how often to take it
   - Your Health Care Provider may check "OTHER" and:
     - Write in asthma medications not listed on the form
     - Write in additional medications that will affect your asthma
     - Write in generic medications in place of the name brand on the form
   - Together you and your Health Care Provider will decide what asthma treatment is best for you or your child to follow.

3. Patients/Parents/Guardians & Health Care Providers together:
   Discuss and then complete the following areas:
   - Patient's peak flow range in the Healthy, Caution and Emergency sections on the left side of the form
   - Patient's asthma triggers on the right side of the form
   - For Minors Only section at the bottom of the form: Discuss your child's ability to self-administer the inhaled medications, check the appropriate box, and then both you and your Health Care Provider must sign and date the form.

4. Parents/Guardians: After completing the form with your Health Care Provider:
   - Make copies of the Asthma Treatment Plan and give the signed original to your child's school nurse or child care provider
   - Keep a copy easily available at home to help manage your child's asthma
   - Give copies of the Asthma Treatment Plan to everyone who provides care for your child, for example: babysitters, before/after school program staff, coaches, scout leaders

This Asthma Treatment Plan is meant to assist, not replace, the clinical decision-making required to meet individual patient needs.
Not all asthma medications are listed and the generic names are not listed.

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