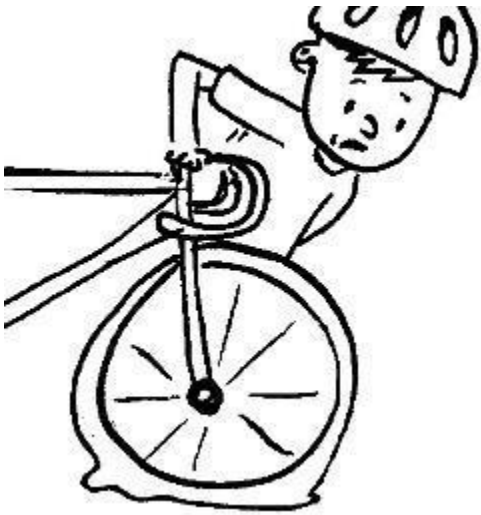


iEAT Breakfast

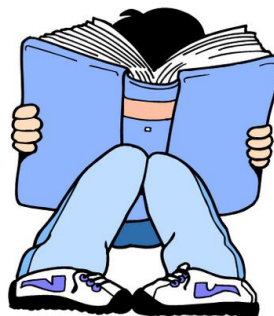
A HEALTHY START!



Just like your bike doesn't ride well with flat tires- you can't learn well without breakfast!

**Middle Schools Students eat breakfast
FREE at Clayton Public School District!**

A nutritious breakfast can give you energy, ward off hunger, and set you up for making healthy food choices all day long. Your morning meal should be a balanced combination of protein and fiber, and fortunately, there are plenty of options to choose from at the iEAT Breakfast Café!



**Hot Breakfast
Sandwiches**

**Fresh Fruit &
Yogurt Smoothies**

**Yogurt Parfaits
with granola**

**100% Fruit Juice
and Fresh Fruit
Selections**

Assorted Cereals

DID YOU KNOW?

**Every Middle School
Student eats breakfast
free at Clayton!**